

432HZ

RICH DAMONE | ADAM HOLZMAN | JOHN PRITCHARD



ENERGY · FREQUENCY · VIBRATION

3:6:9  
three six nine

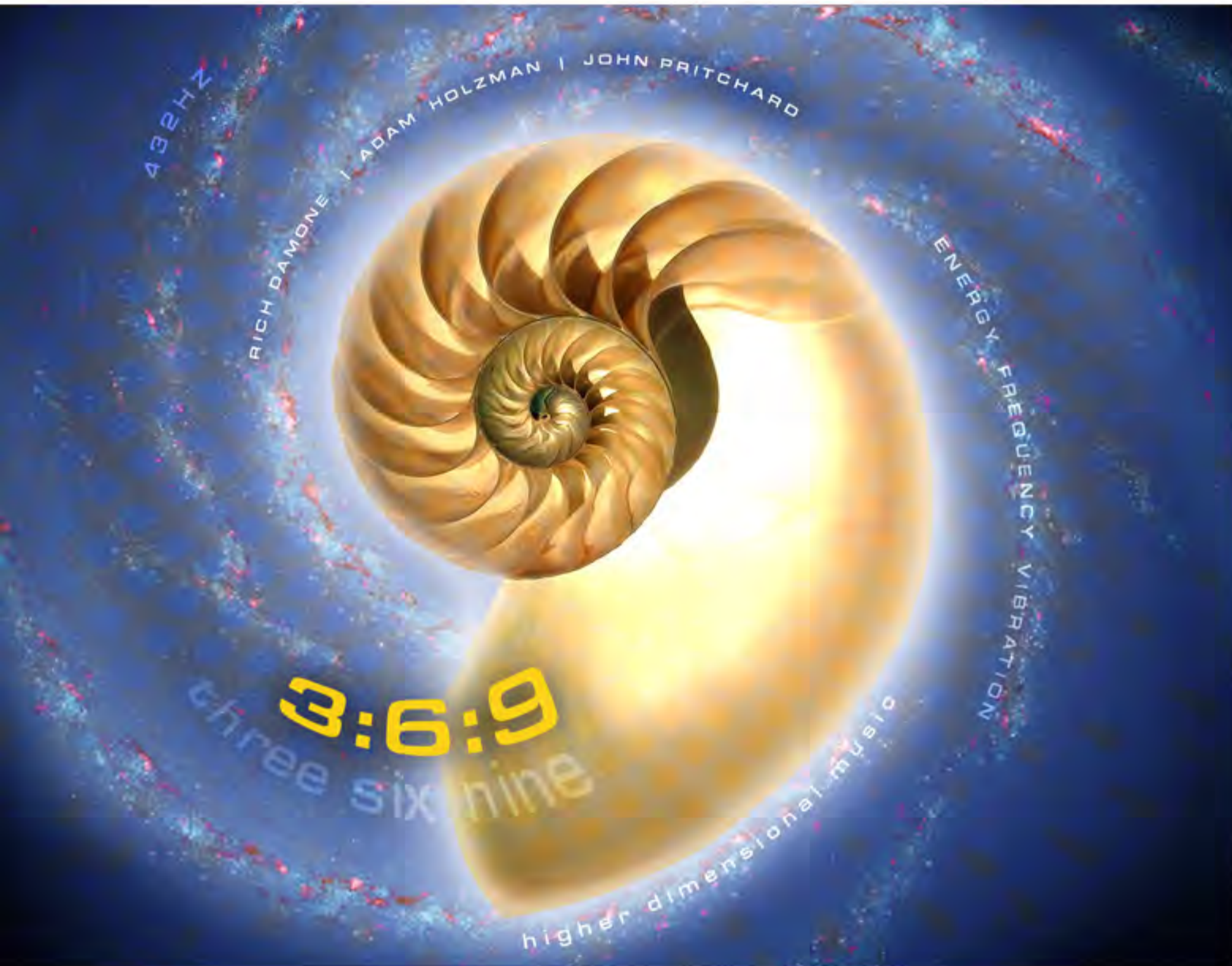
higher dimensional music

 DOLBY  
DIGITAL

5.1



# 3:6:9 THE MUSIC



**“If you only knew the magnificence  
of the 3, 6 and 9, then you would  
have a key to the universe.”**

**– Nikola Tesla**

- |                                  |      |
|----------------------------------|------|
| 1. ONE - The Dawn (of a New Age) | 4:35 |
| 2. TWO - The Genius (of Tesla)   | 2:46 |
| 3. THREE - The Creator           | 4:40 |
| 4. FOUR - The Inventor           | 4:31 |
| 5. FIVE - Save the Earth         | 4:40 |
| 6. SIX - The Hero                | 5:18 |
| 7. SEVEN - The Quest             | 5:09 |
| 8. EIGHT - Respect for All       | 4:05 |
| 9. NINE - The Universe           | 9:49 |

Tracks 1, 2, 3, 6, and 9 composed by Adam Holzman.

Tracks 4, 5, 7, and 8 composed by John Pritchard.

This album has been produced at 432 HZ.



# 3:6:9



**RICH DAMONE**  
bass



**ADAM HOLZMAN**  
keyboards



**JOHN PRITCHARD**  
drums/dotara

**Fun Historical Notes:** John is very grateful to Rich and Adam for playing on the album. Rich played bass with sax legend, Sam Rivers, and Adam played keyboards with trumpet legend, Miles Davis. Back in 1964, Sam Rivers actually toured Japan with the Miles Davis Quintet. Due to other musical commitments, Sam only played with Miles for a few months. Nevertheless, Miles said that Sam “carried a new sound into the band. He made rhythm figures and harmonies of the group freer than before.” Blue Note Records released a live recording from that tour called “Miles in Tokyo.” John also has a Miles Davis connection through playing with drummer extraordinaire, Jack DeJohnette. Jack played with Miles from 1969-71. In Sept. 1996, John played with Jack at the Cathedral of St. John the Divine in New York City.



# ADAM HOLZMAN



## **Gear, from left to right:**

2 small Mackie mixers  
Korg X5 (a small Triton)  
Korg SG-1 piano (normally use the newer SV-1)  
Moog Mother 32  
Memotron (the white one, it's a little Mellotron!-I used this baby a lot on 3:6:9)  
The rack has a Moog Little Phatty and some modular gear  
Mooger Fooger analog delay (-this thing is almost like a synth!)  
Minimoog Voyager, Old School model (no memory or midi! ...pure analog!)

As a keyboardist, composer and producer, Adam Holzman is truly a musician's musician ([adamholzman.com](http://adamholzman.com)).

"Keyboard" magazine named him one of the top 10 players in the world, "Down Beat" lauded his "killer groove" and the "New York Times" and the "Washington Post" have praised his live performances. Adam currently tours the world to sold out concerts with the Steven Wilson band. He has played and recorded with legendary artists such as Miles Davis, Wayne Shorter, and Grover Washington. In addition to his incredible keyboard work, he has produced several Miles Davis projects for Sony and Warner Bros. Adam has also produced nine albums with his own band, Brave New World, and played with Michael Brecker's Steps Ahead band. His phenomenal contribution to this 3:6:9 album is nothing short of genius! To learn more, visit [adamholzman.com](http://adamholzman.com).







# RICH DAMONE



All the bass parts on the album are improvised. Rich plays a Warwick bass guitar going through a DigiTech BP355 Bass Multi-Effects Pedal with an MXR Bass Compressor and ART Tube MP Studio Preamp.



Rich is a world-class bassist who innovates with electronic technology. He has performed with jazz legends such as Sam Rivers, Archie Shepp, Dave Liebman, Kenny Kirkland and the infamous Sun Ra drummer, Clifford Jarvis. Rich was the co-founder of The American Music Workshop and also a founding member of the highly acclaimed "Pure Sound Collective." He began his music career as a regular performer in the legendary "jazz-loft" sessions at Studio RivBea with Sam Rivers in New York City. Rich has also performed with other great musicians such as Jimmy Giuffre, Rob Zantay (Mr. Lyricon), Douglas Zantay, Gary Goldfarb, Val Michalski, John Simon, Jameel Moondoc, Ray Anderson, John Wolf, Royal Hartigan and Kenny Aronoff. He has been playing with John since 2003.







# JOHN PRITCHARD



On 3:6:9, John features his two-stringed Dotara as the rhythmic foundation for all nine tracks.



John is an acoustic-electro drummer who simultaneously plays a Tama drum kit with a set of Roland midi drums and Korg keyboards. He has performed with "Blood, Sweat & Tears" saxophonist, Fred Lipsius; Native American flute master, Ken Little Hawk; and legendary drummer, Jack DeJohnette. John has been playing with bassist Rich Damone and sax/flute master, Charlie Tokarz, since 2003. They call themselves VyZ: ImproVyZed Music for Movies. 3:6:9 is John's fifth album with Miles Davis keyboardist, Adam Holzman: Unum, Novus, Star Cycles, Freedom, and 3:6:9. John and Adam run the jazz-rock.com site for a hardcore audience of progressive jazz-rock/fusion fans. John is also an award-winning filmmaker/multimedia publisher/author who founded the non-profit, educational film organization, ONE HEART - ONE SPIRIT. Visit [oneheartmovies.org](http://oneheartmovies.org).

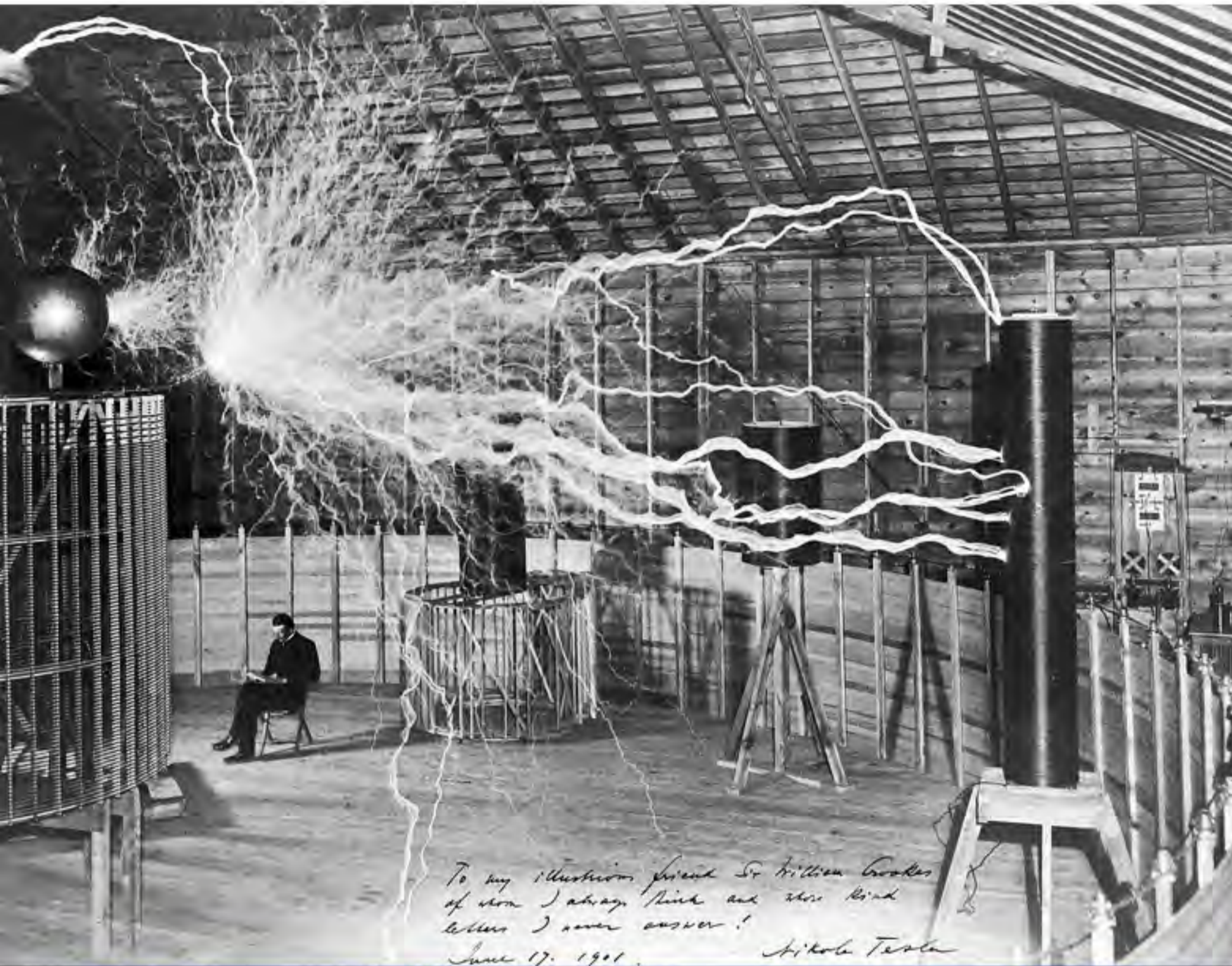






# 3:6:9 ALBUM TRIBUTE TO NIKOLA TESLA

**“If you only knew the magnificence  
of the 3, 6 and 9, then you  
would have a key to the universe.”  
– Nikola Tesla (1856-1943)**



*To my illustrious friend Dr. William Crookes  
of whom I always think and who kind  
letters I never answer!  
June 17, 1901 Nikola Tesla*

## **Nikola Tesla in his laboratory in Colorado Springs around 1899.**

**Tesla is the forgotten genius who shaped our modern world.**

**Einstein was once asked how it felt to be the smartest man alive. Einstein's reply was "I don't know, you'll have to ask Nikola Tesla." Tesla didn't believe in the Theory of Relativity. He believed the Universe is all about electro-magnetic energy.**



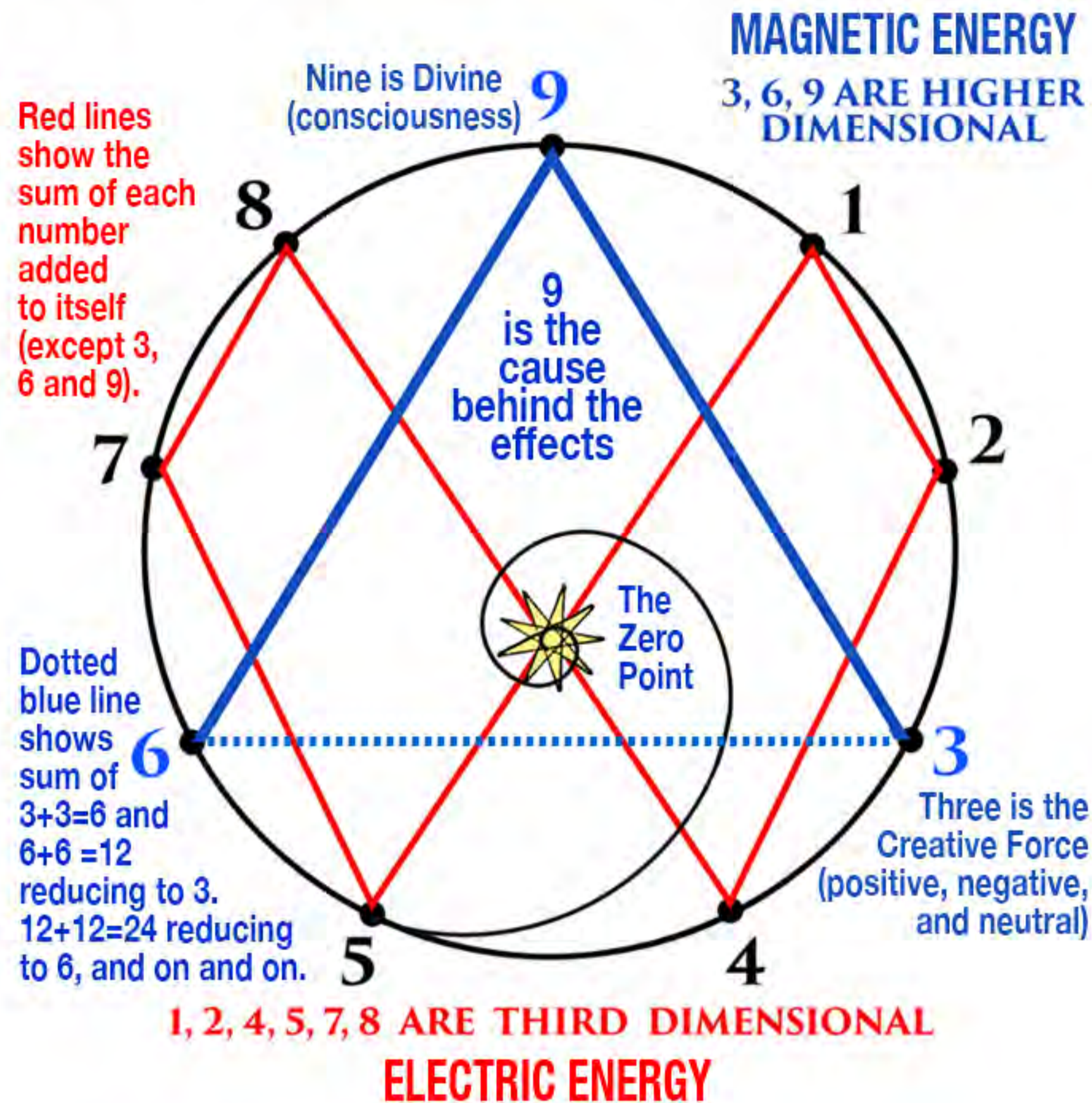
**Tesla invented the AC induction motor in 1887 and with George Westinghouse created the first modern power station at Niagara Falls. He is also the pioneer of x-rays, radio, television, radar, robotics, the transistor, the spark plug, and even neon signs. In 1900, he predicted a world system of wireless communications.**



**On his 75th birthday, Tesla received congratulatory letters from more than 70 pioneers in science and engineering, including Albert Einstein, and he was also featured on the cover of Time magazine. The cover caption, "All the world's his power house," noted his contribution to AC electrical power generation. A new 2019 movie, The Current War, tells the dramatic story of how Edison's DC current lost out to Tesla's AC system to power the world.**



# THE MATH OF 3:6:9

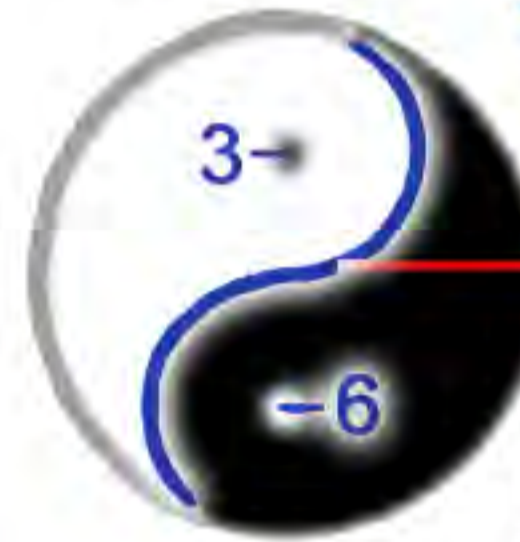


The **1,2,4,8,7,5 in red** (representing the electric current of an electric coil) is in the third dimension, while the oscillation between the **3 and 6 in blue** demonstrates the fourth dimension, which is the higher dimensional magnetic field. **Nine (9)** is "the cause" of it all. The Zero (0) Point is where everything manifests into the third dimension.

# NUMBERS AS ELECTRO-MAGNETIC ENERGY

Tesla believed that the entire Universe is made out of electro-magnetic energy, frequency, and vibration and that the Universe speaks in numbers. He was particularly focused on the number **3** (everything in the Universe is **trinary**, based on **thirds**). Throughout history, the number **3** has been viewed by ancient civilizations, religions, spiritual mystics, and science, as being the **Creative Force** in our lives.

Even the Yin-Yang symbol is not representing a duality, but rather a **trinary**: The **3** represents the Yang (light), the **6** represents the Yin (dark), and the **9** is the "S" curve between them. The **9** is the invisible, divine energy (the Dao). We think the Universe is based on dualities because we see only the effects, not the cause, which is divine (i.e. the number **9**). **Nine (9)** is Divine: the magnetic energy of consciousness itself.



Another great inventor in the 1870's, John Keely, researched the powers of electro-magnetic energy, acoustics, and vibration. He discovered that "vibrations of **thirds, sixths, and ninths**", were extraordinarily powerful." In fact, he proved that vibratory **thirds** were thousands of times more forceful in separating hydrogen from oxygen in water than heat. The **3, 6, and 9** are the creative power of life itself.

The **magnetic 3, 6, and 9** are driving the **1, 2, 4, 8, 7, 5 electric** circuit.

## NUMBER CHART FOR ELECTRO-MAGNETIC ENERGY

Note: For numbers above 9, reduce each number down to a single digit.

### MAGNETIC ENERGY

$6+6=12$  so,  $12=1+2=3$   
 $12+12=24$  so,  $24=2+4=6$   
 $24+24=48=12=3$   
 $48+48=96=15=6$ ,  $96+96=192=12=3$ , etc.  
 So, **3** and **6** keep repeating on to infinity.  
 As for number nine,  $9+9=18=9$ ,  $18+18=36=9$   
 $36+36=72=9$ ...it's always **9**. Nine (9) is Divine!

### ELECTRIC ENERGY

$1+1=2$ ,  $2+2=4$ ,  $4+4=8$   
 $8+8=16$  so,  $1+6=7$   
 $16+16=32=5$   
 $32+32=64=10=1$   
 $64+64=128=11=2$   
 $128+128=256=13=4$ , etc.  
 This repeats on to infinity

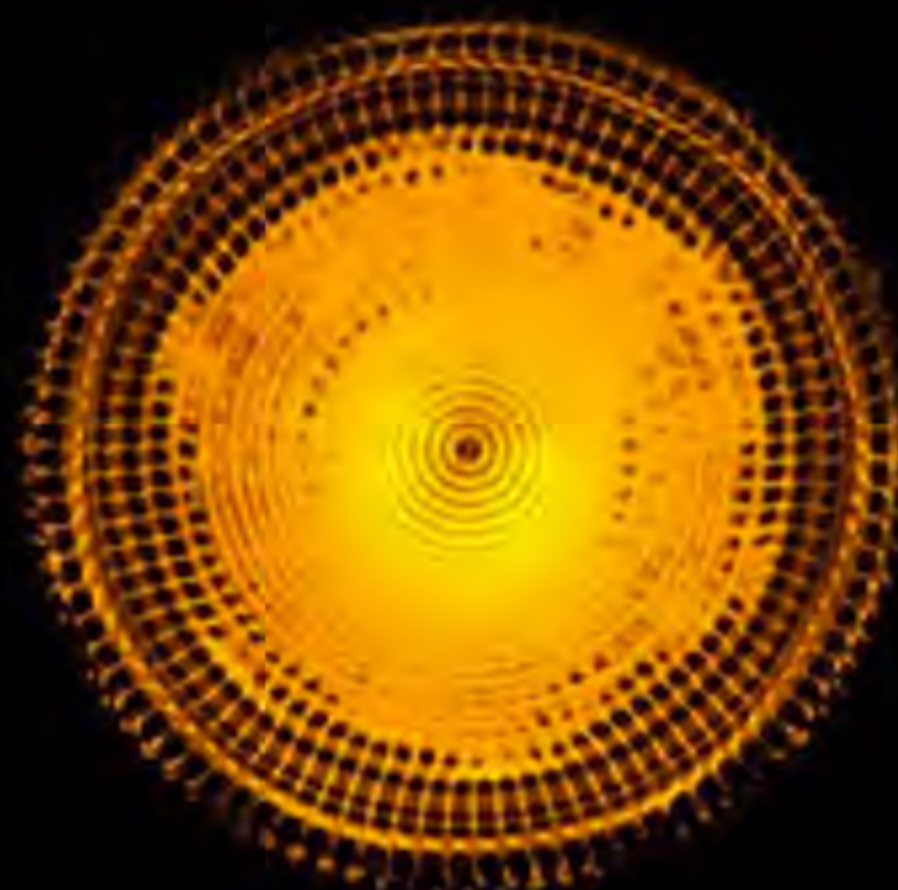


## 432HZ TUNING

# 432HZ & 440HZ



Water Sound Image 432 Hz



Water Sound Image 440 Hz

The science of Cymatics, which is the study of visible sound and vibration, shows a water sound image vibrating at A=432 vs. the image at the right vibrating at A=440.

A=432 is a more “natural” vibration based on the fact that it’s divisible by 3, unlike A=440 which is only divisible by 2.

Listening to 432Hz music resonates inside our body, releases emotional blockages, and expands our consciousness.

This 3:6:9 album has been produced at 432 HZ.

According to Brian T. Collins, a musician, and researcher, the standard pitch (A=440 Hz) does not harmonize on any level that corresponds to cosmic movement, rhythm, or natural vibration. Some of the greatest musicians such as Mozart and Verdi based their music on the natural vibration of A=432. Many ancient instruments are adjusted at 432Hz. Tibetan monks tune their singing bowls to 432 Hz. 432Hz is even connected to the numbers used in the construction of a variety of ancient works and sacred places, such as the Great Pyramid of Egypt. It is because the ancients knew that this tone is closely related to the universe around us. It’s true that it is only 8 Hz (eight vibrations per second) different from the standard tuning, but this small difference seems to be remarkable to our human consciousness.

Source: [attunedvibrations.com/432hz/](http://attunedvibrations.com/432hz/)





RICH DAMONE



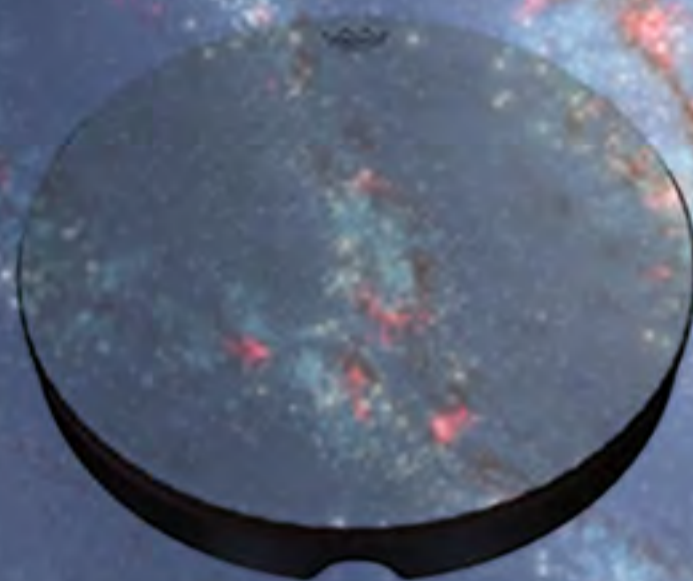
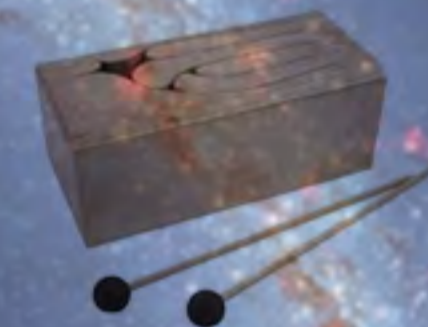
ADAM HOLZMAN



DOTARA



JOHN PRITCHARD



one two **THREE** four five **SIX** seven eight **NINE**

